

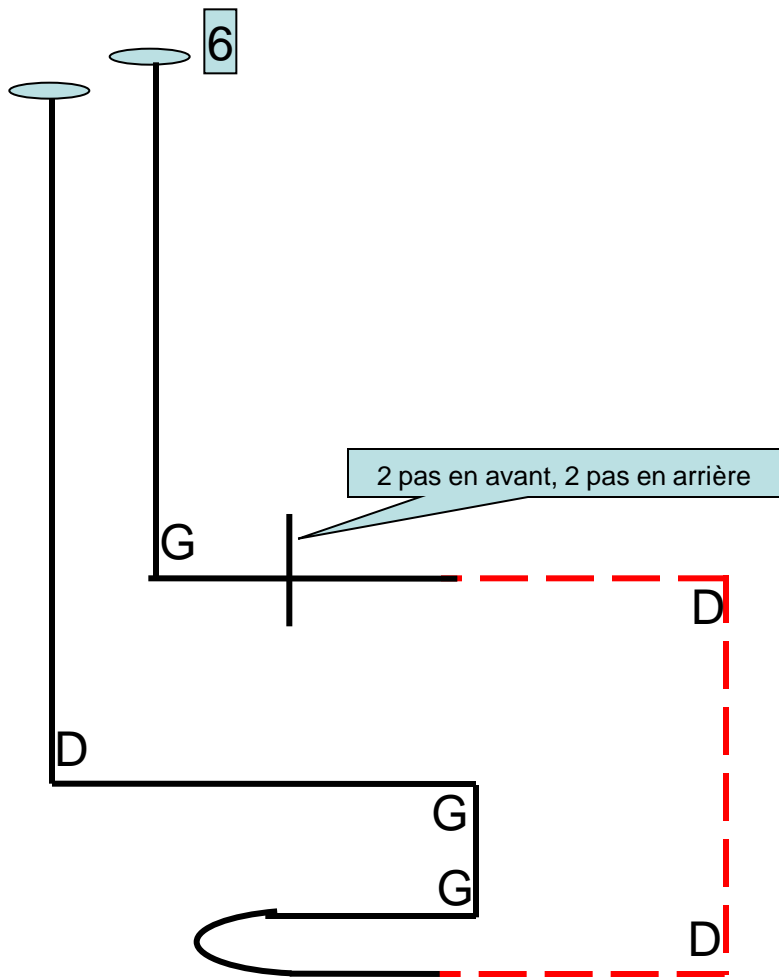
Pas normal:

Pas de course: -----

OB I

1

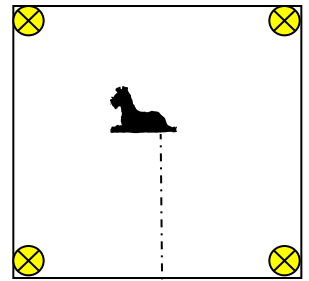
Assis 1 minute à vue 25 m



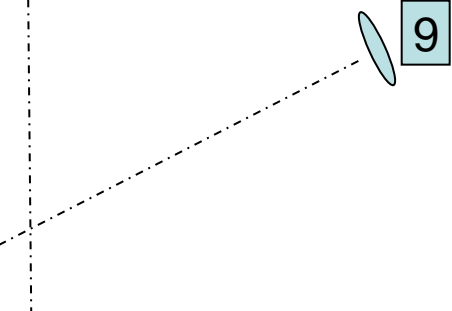
6

MARCHE

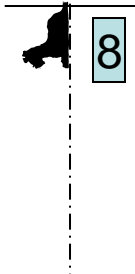
4 7



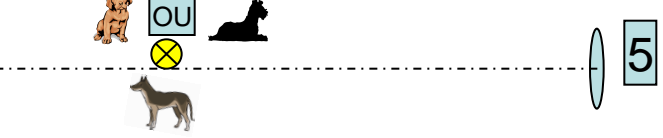
3



9



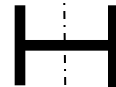
8



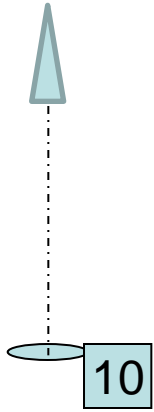
5



OU



2



10



OBI

Pas normal: _____

Pas de course: - · - · - · - · - · - ·

Pas lent: - · - · - · - · - · - ·

OB II

1

Couchés 2 minutes à vue

7

G

G

G

D

D

G

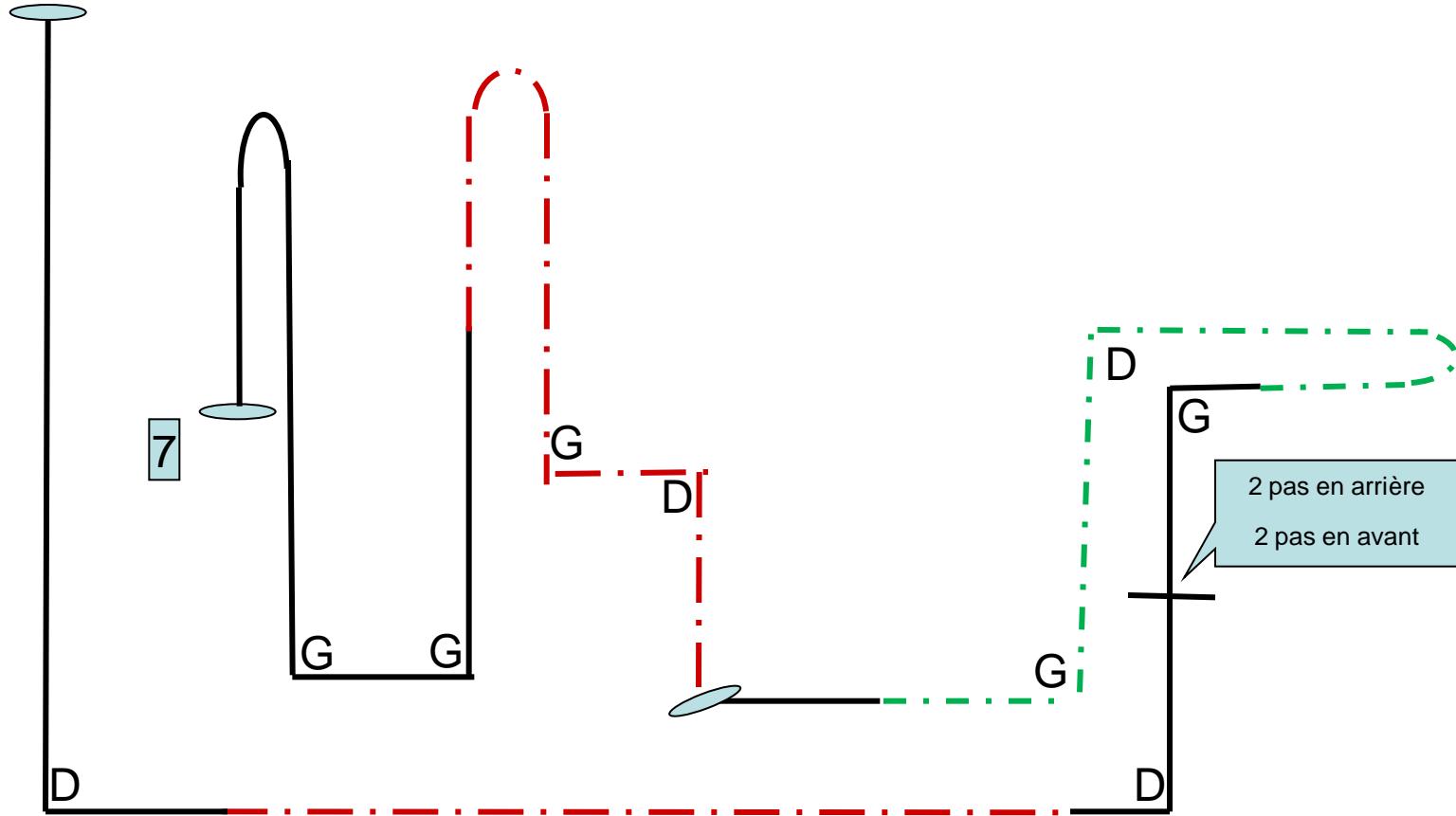
2 pas en arrière

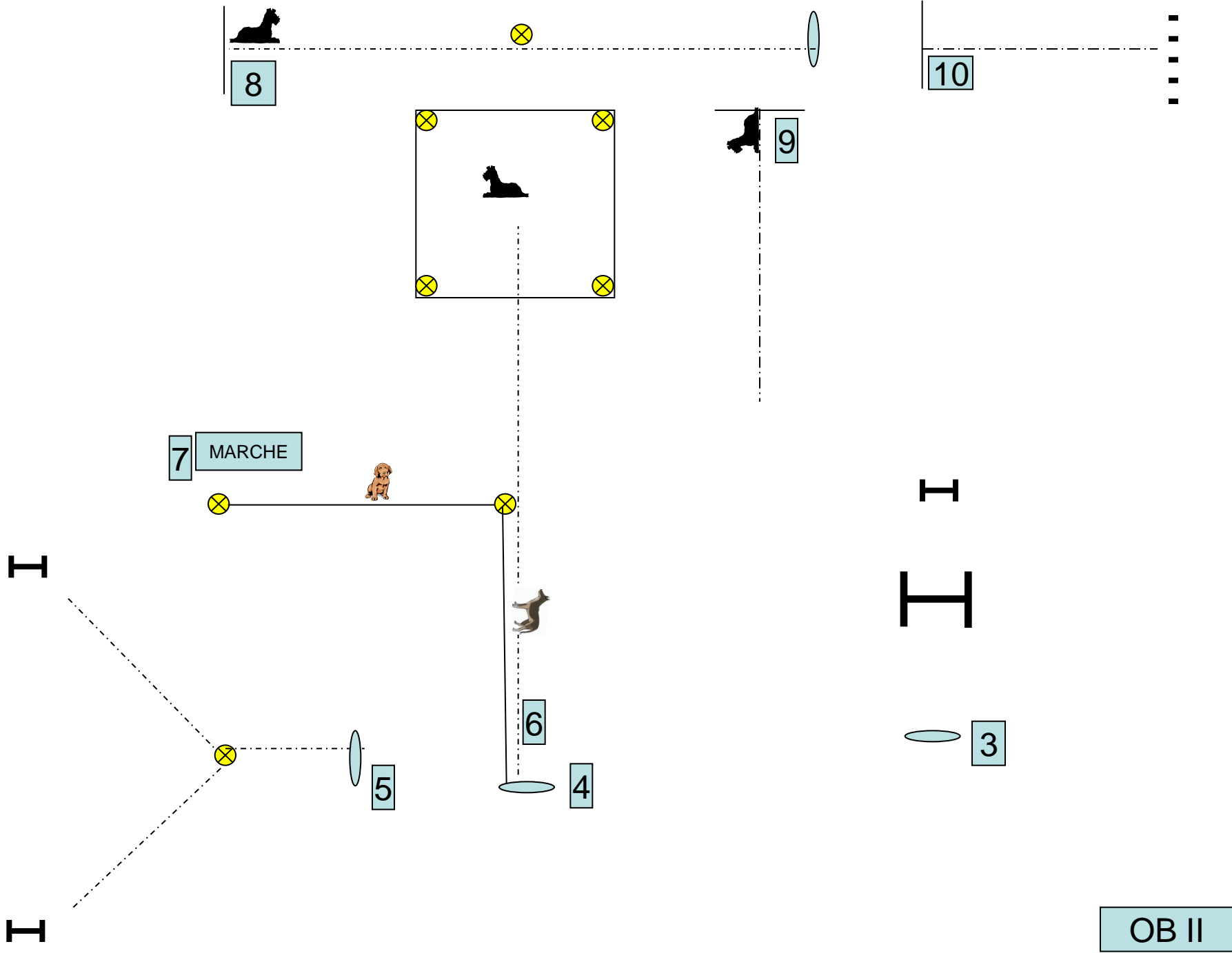
2 pas en avant

G

D

D

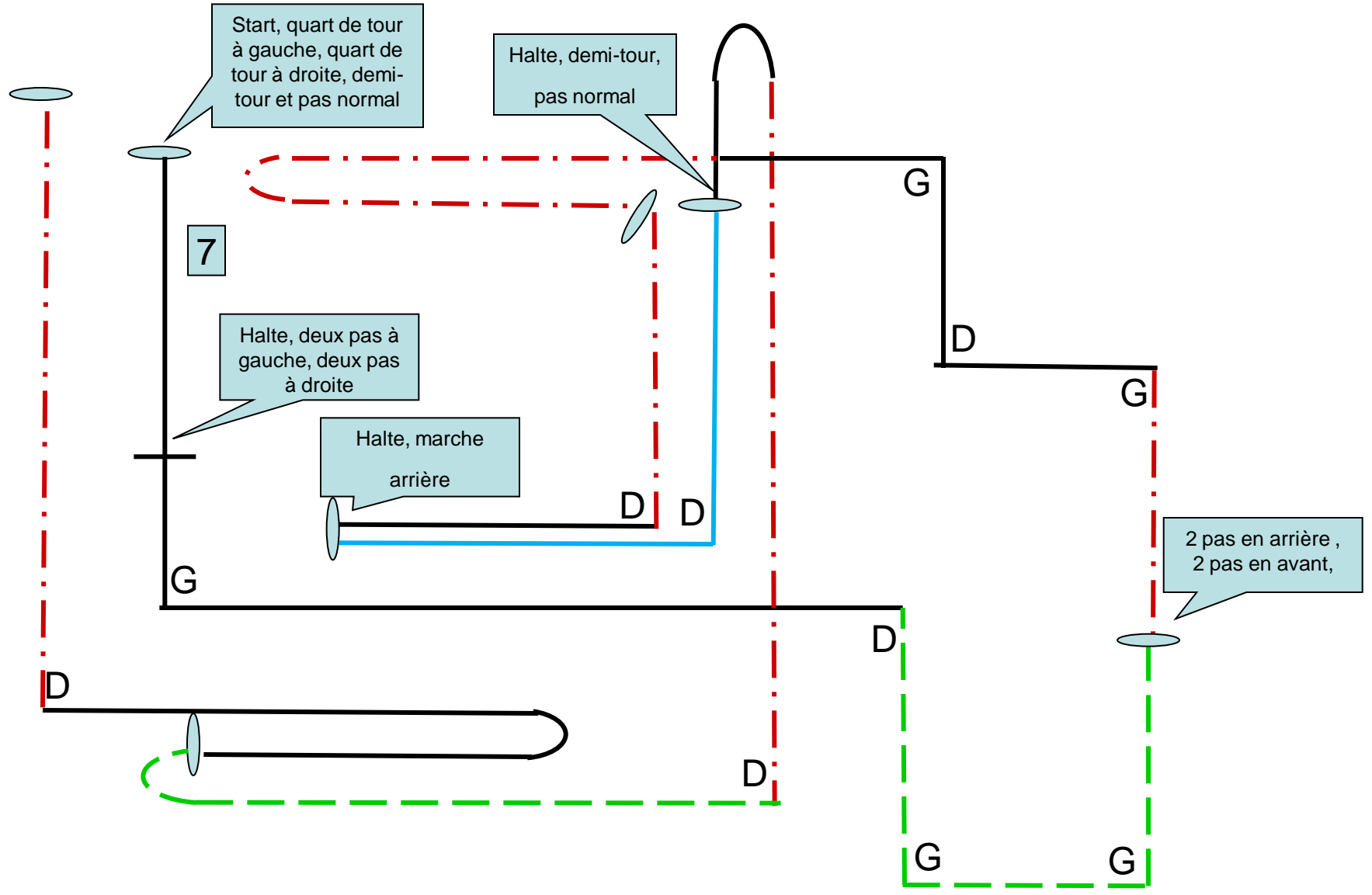


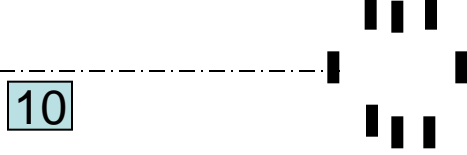
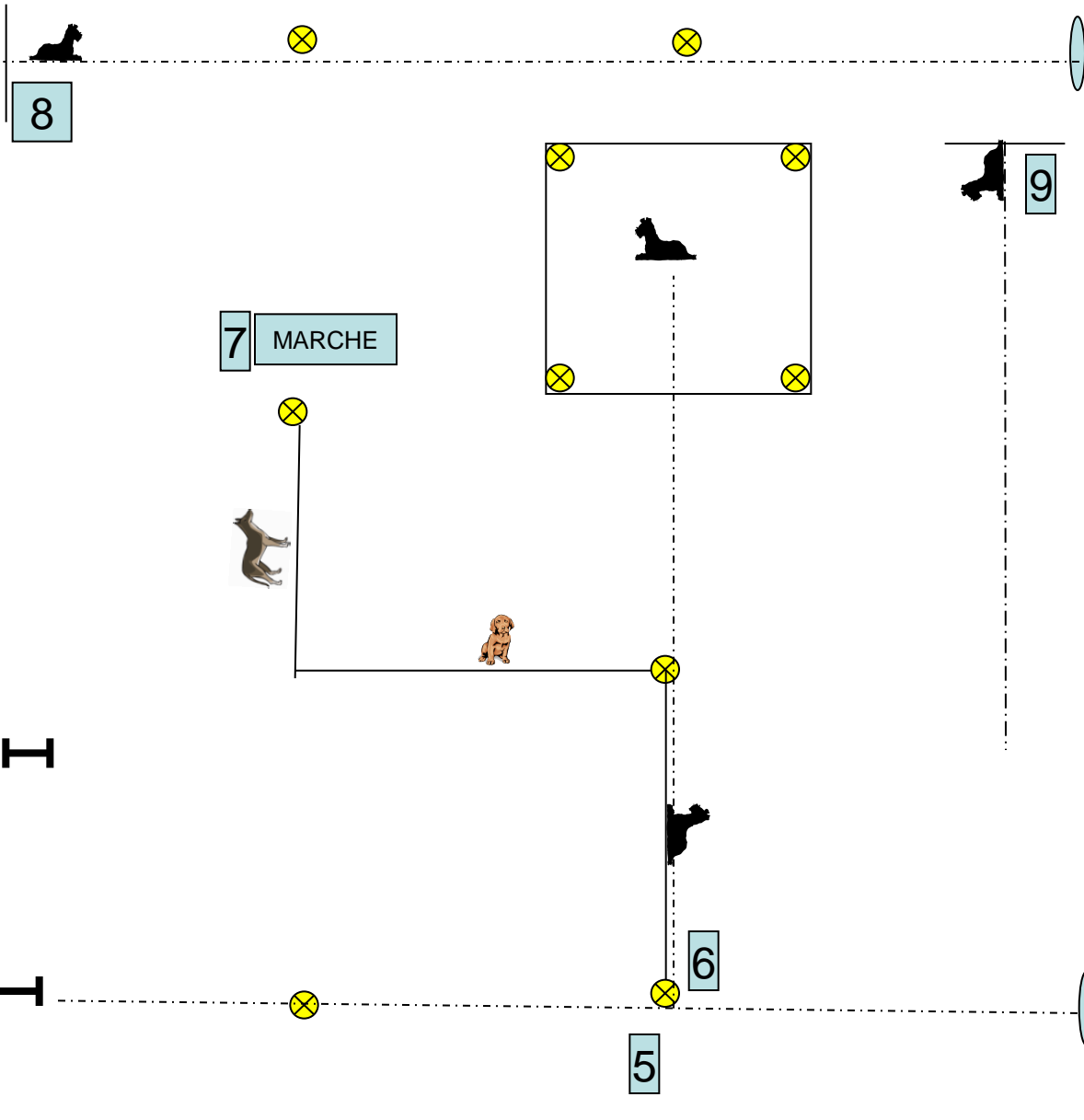


Pas normal: _____
 Pas rapide: - - - - -
 Pas lent:
 Pas arrière: _____

OB III

- 1 2 minutes assis hors vue
- 2 1 minute couché à vue et rappel





I

I

I

I

II

I

II

OB III

