

Pas normal:
Normale pas _____

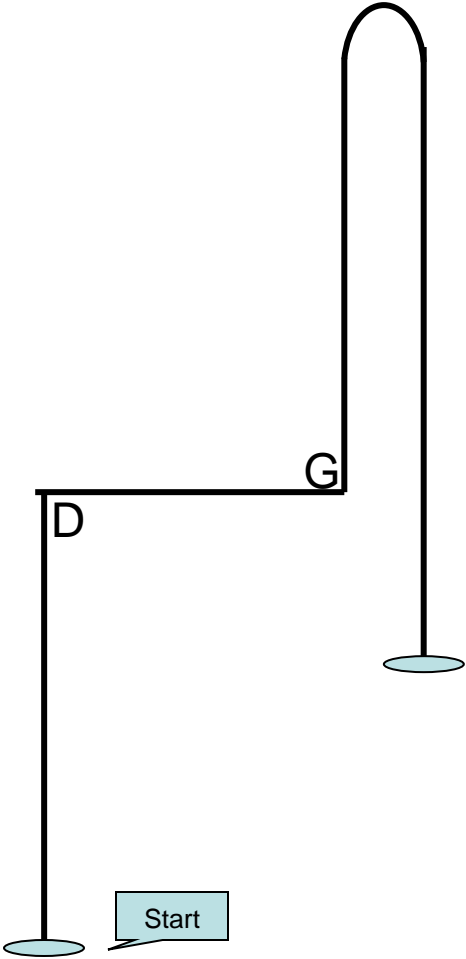
OBb

1

Couché ½ minute à vue 5 m
½ minuut liggen in zicht op 5 m

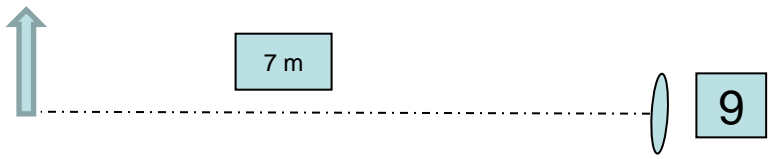
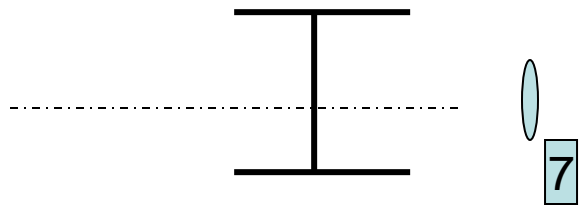
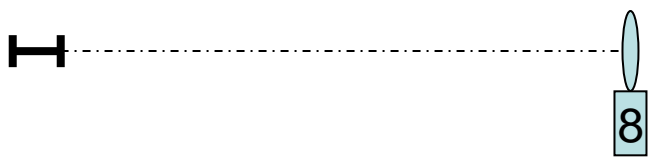
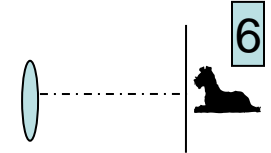
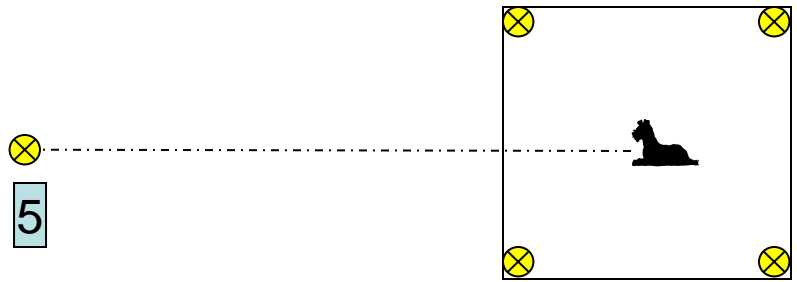
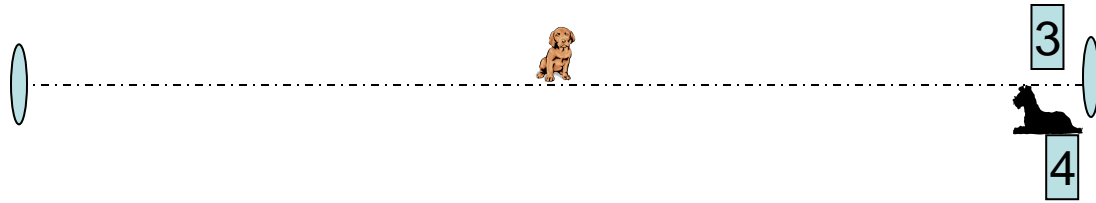
T2

2



Start

T2



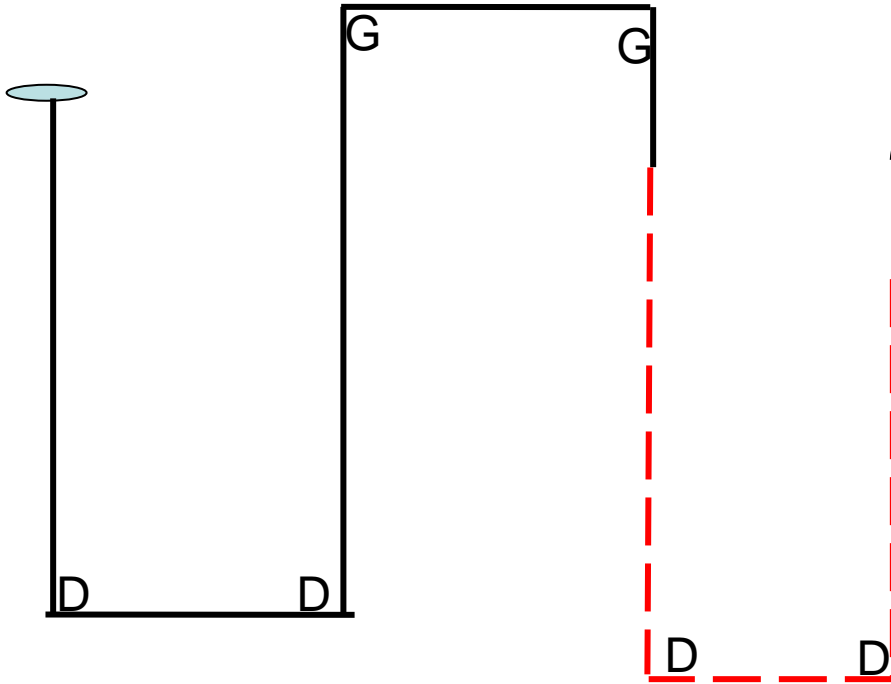
Pas normal:
Normale pas
Pas de course
Looppas



OB I

1

Assis 1 minute à vue 25 m
1 minuut zit in zicht 25m



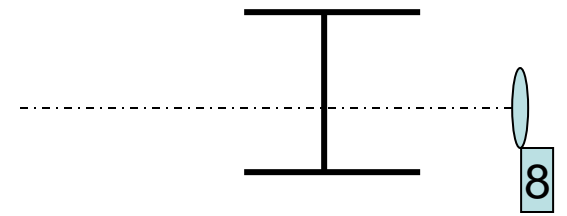
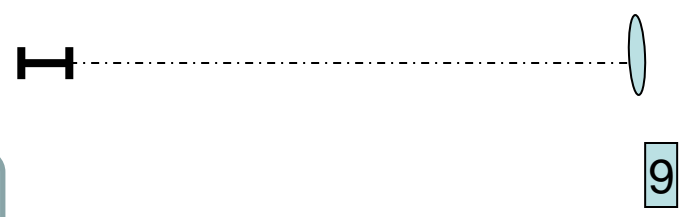
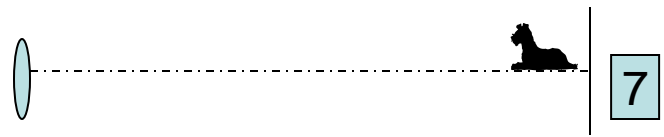
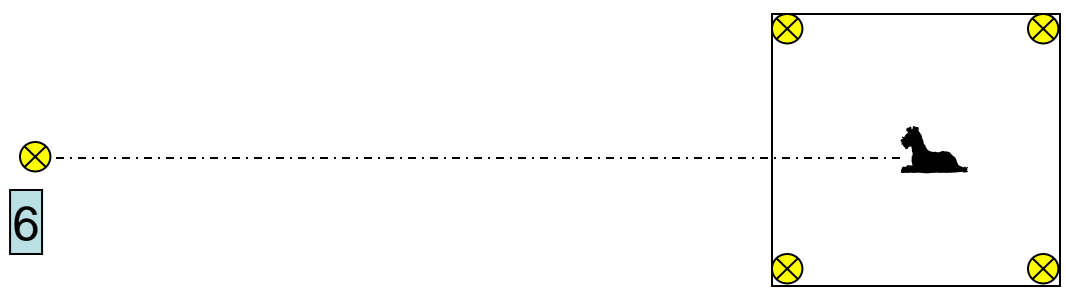
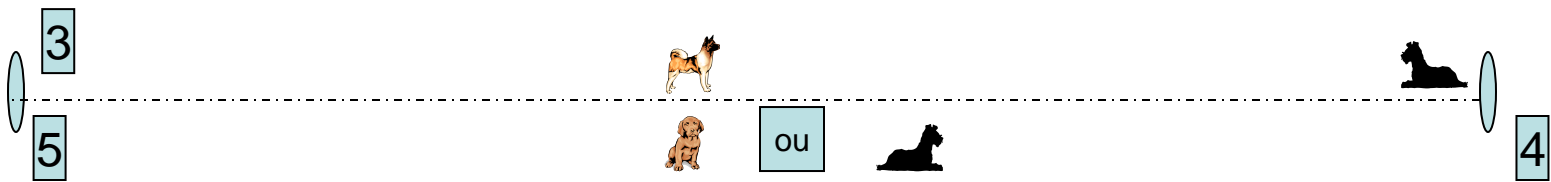
2 pas en avant, 2 pas en arrière
2 passen vooruit, 2 passen achteruit

Start

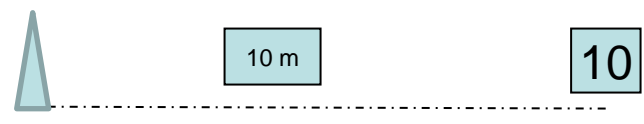
2

T1

OB I



T1

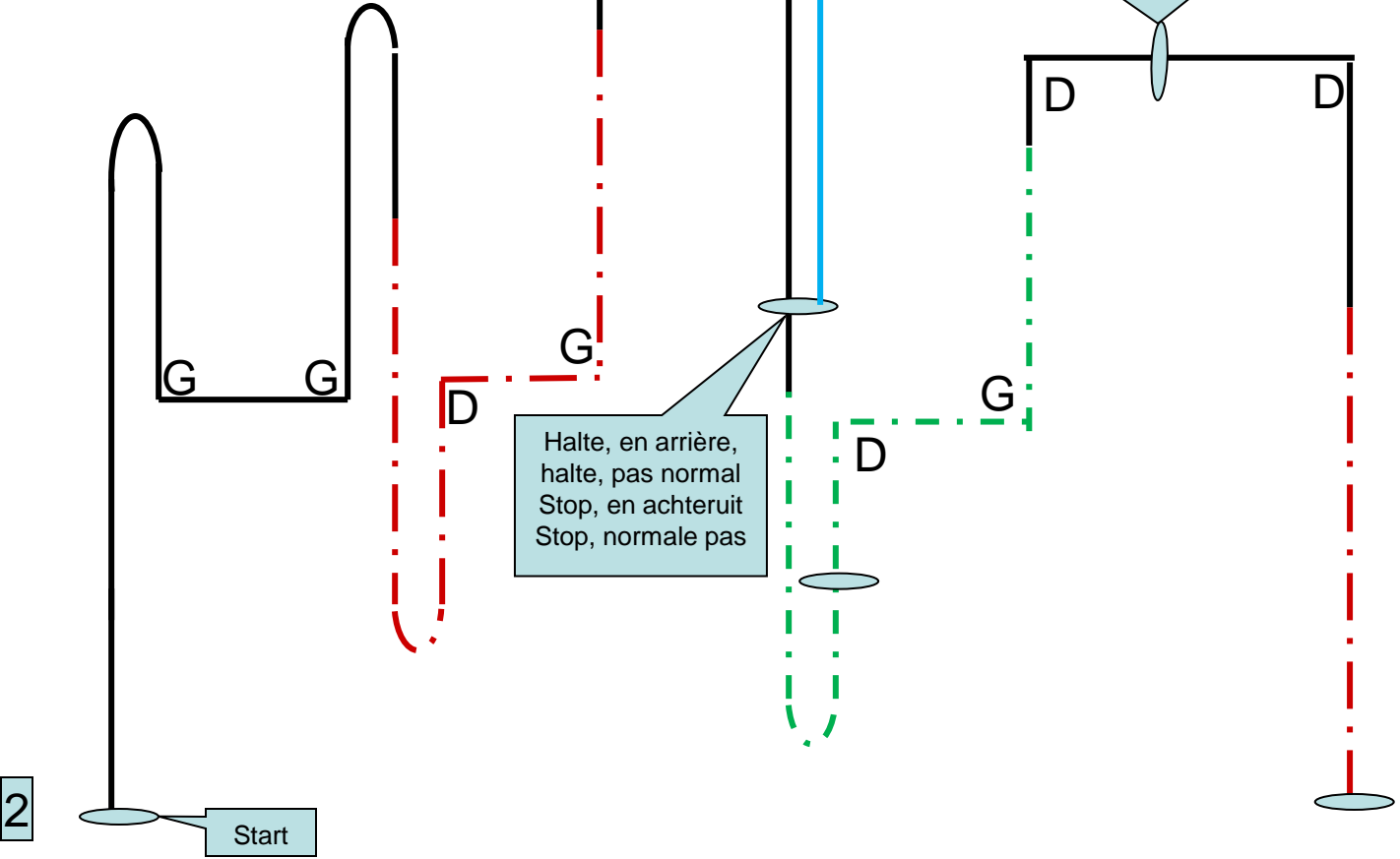


Pas normal: _____
 Normale pas: _____
 Pas de course: _____
 Looppas: _____
 Pas lent: _____
 Trage pas: _____
 Pas arrière: _____
 Passen achteruit: _____

OB II

1 Couchés 2 minutes our vue
Liggen 2 minuten uit zicht

2 pas en avant, 2 pas en arrière
2 passen vooruit, 2 passen achteruit



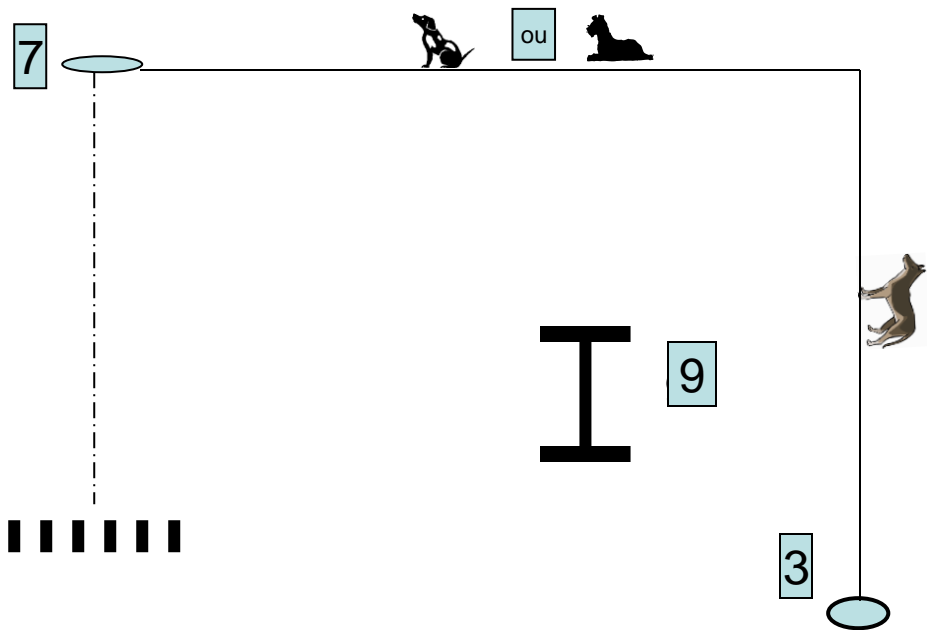
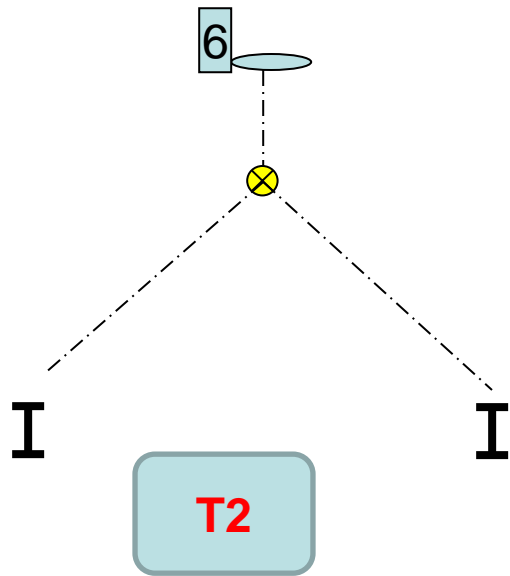
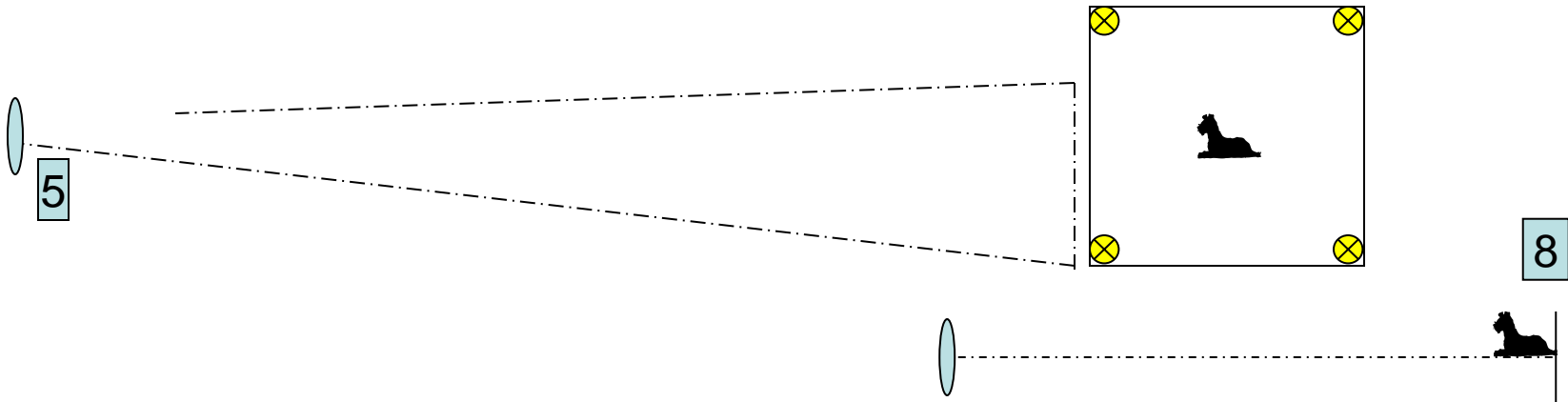
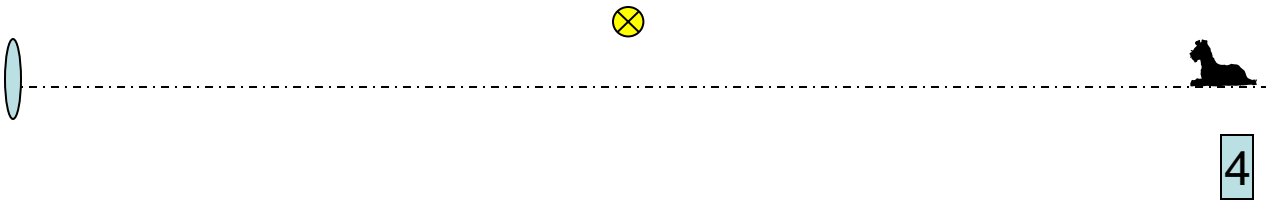
Halte, en arrière,
 halte, pas normal
 Stop, en achteruit
 Stop, normale pas

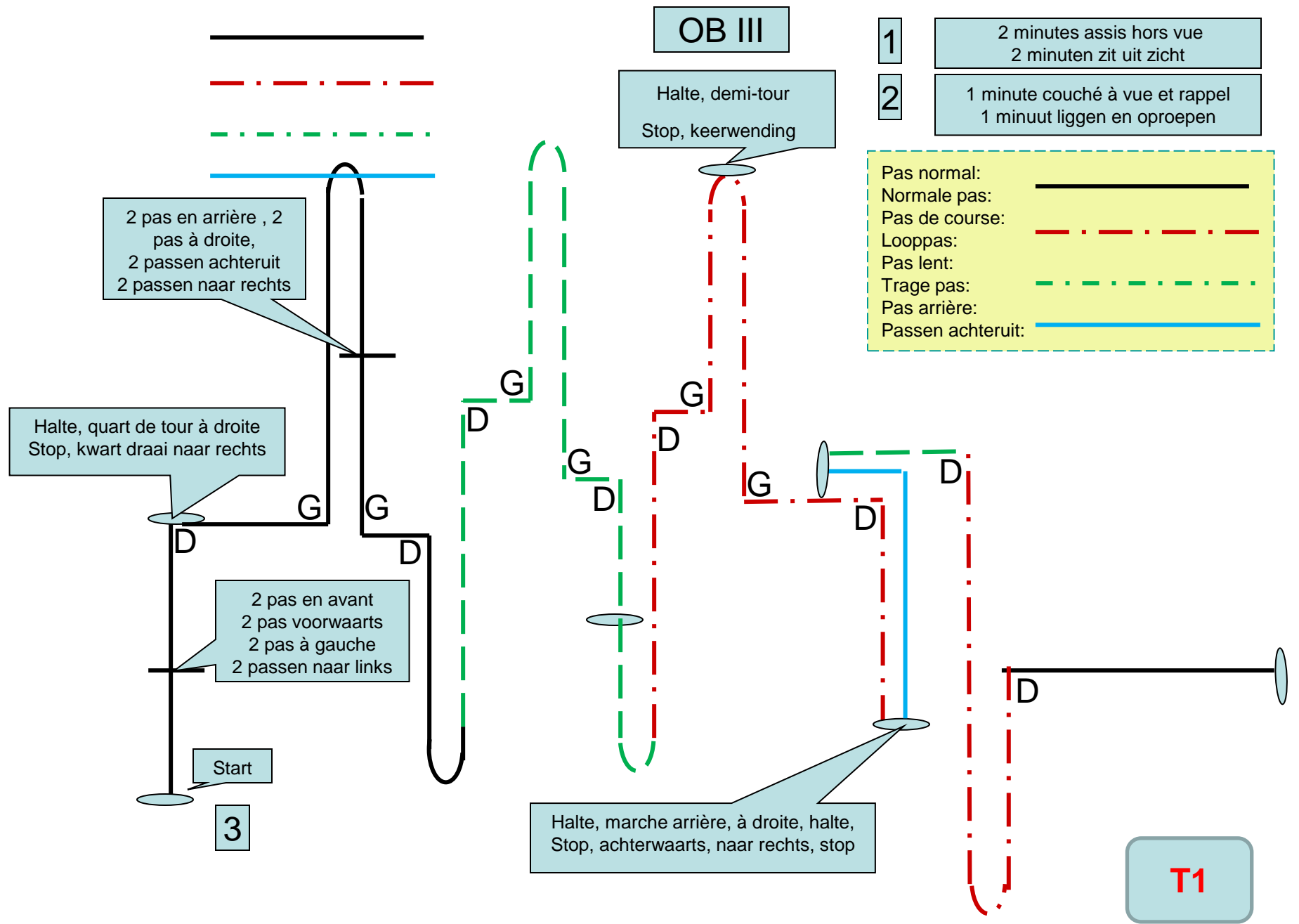
2

Start

T2

OB II





OB III

Halte, demi-tour
Stop, keerwending

1

2 minutes assis hors vue
2 minuten zit uit zicht

2

1 minute couché à vue et rappel
1 minuut liggen en oproepen

Pas normal: _____
 Normale pas:
 Pas de course: - . - . - . - .
 Looppas: - - - - -
 Pas lent: - . - . - . - .
 Pas arrière:
 Passen achteruit: _____

2 pas en arrière , 2 pas à droite,
2 passen achteruit
2 passen naar rechts

Halte, quart de tour à droite
Stop, kwart draai naar rechts

2 pas en avant
2 pas voorwaarts
2 pas à gauche
2 passen naar links

Start

3

Halte, marche arrière, à droite, halte,
Stop, achterwaarts, naar rechts, stop

T1

